Primary Care Provider Sexual Assault & Domestic Violence Quick Reference Guide

Kingston Health Sciences Centre's (KHSC) Sexual Assault and Domestic Violence (SADV) program provides specialized, trauma-informed medical care, forensic examination, treatment, and support for individuals who have experienced sexual assault, intimate partner violence, or human trafficking.

The program also offers crisis intervention, safety planning, referrals, education, and ongoing support to help patients access healthcare, community resources, and pathways to recovery. [14]

Scan for KHSC SADV website

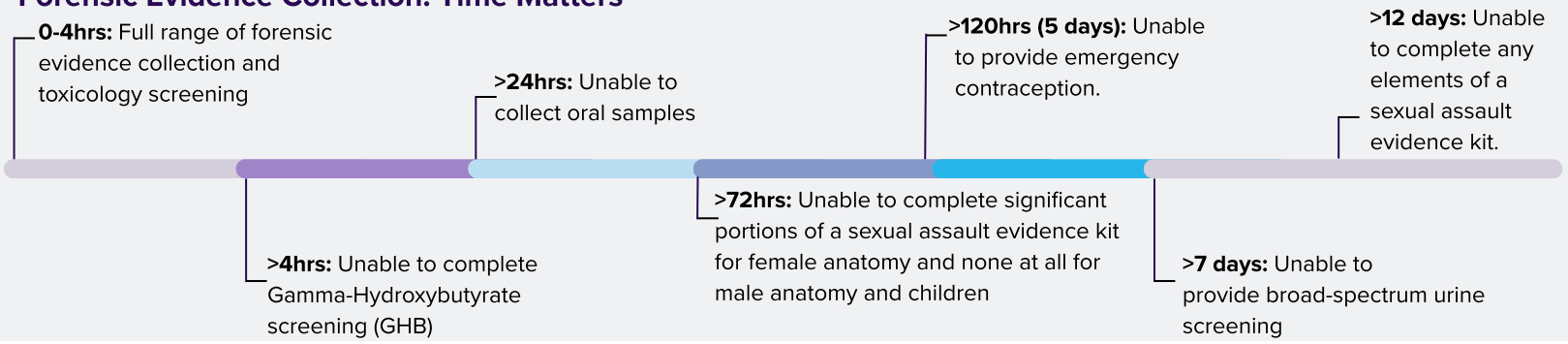
We are available at any time, please call 613-549-6666 ext. 0 to speak with the SADV nurse-on-call.

1 in 6
survivors of sexual assault **disclose their experience** to a healthcare professional.[11]

40%
of Canadians have **experienced at least 1 abusive behaviour** by an intimate partner since the age of 15.[12]

78.5%
of Primary Care Providers (PCPs) reported not using any referral resources for patients experiencing SADV. [13]

Forensic Evidence Collection: Time Matters [15]



KFL&A Community Resources

SADV Supports	Sexual Assault Centre Kingston (SAC) 1 Victim Services Kingston 2 Kingston Frontenac Anti-Violence Coordinating Committee 3 Sexual Violence Prevention and Response Services (SVPRS) 4
Emergency Supports	SADV nurse-on-call: **613-549-666 ext. 0** Ontario Service Provider Navigation Line: **1-855-628-7238** Kingston Interval House 5
Counselling	Resolve Counselling 6 Centre for Abuse and Trauma Therapy 7 Land O'Lakes Community Services-Women's Program 8
Culturally-Specific Supports	Talk 4 Healing (Indigenous Women Specific) **1-855-554-HEAL** Sexual Assault Centre Kingston (SAC) 1
2SLGBTQIA+ Supports	Transcend Psychotherapy 9 Trellis HIV & Community Care 10

PCP Disclosure Checklist

Realize
Honour that trauma can affect a survivor's physical and mental health, relationships, and interactions with healthcare providers.
Recognize that healthcare providers can also experience secondary trauma.

Recognize
Identify potential signs and symptoms of trauma, including anxiety, fear, and trauma-related coping behaviours.
Assess immediate medical needs and safety concerns.

Respond
Listen without judgment and validate survivors' experiences.
Explain available healthcare and community resources.
Discuss follow-up, ongoing support, and safety planning.
Support referrals, including contacting agencies and booking appointments. Call the SADV nurse to proceed with a referral.

Resist Re-traumatization
Obtain informed consent before assessments and procedures.
Explain interventions, ask permission before touching survivors, and allow time for questions.
Promote safety, trust, and collaboration while respecting survivors' autonomy, preferences, and decisions.
Do not interview children; contact KHSC SADV.

This resource was developed by 4th year BNSc students at Queen's University through the NURS 405 course, in partnership with the SADV Program at KHSC. It is intended to support primary healthcare providers and other professionals who receive disclosures of SADV by providing guidance on available referral pathways and support services within the KFL&A region. Contact KHSC SADV Services for any suggested changes to this document.
November 18th, 2026

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